

# Schedule Of Events

## - Competition Fees-

- \$45 Taekwondo Forms &/or Sparring/One Steps
- \$35 Protech Weapons or Combat (as first event)
- \$20 Each Additional Event  
(Weapons, Creative, Extreme or Combat)
- \$75 Each Team Event
- \$10 3rd Family Member Per Event
- **\$5.00 Spectator Fee (5 and Under free)**

Medals will be awarded in all Divisions.  
Engraving on site.

All Competitors will receive a competition pin  
& will be gifted a commemorative TOC pin.

All ATA Tigers will receive a medal based  
on their best attribute.

ATA approved safety gear is mandatory for sparring.

Head gear, face shield, hand & foot pads, chest  
protector, mouthpiece, and protective cup for males.

## Hotel Info:

Hampton Inn 412-380-4000  
SpringHill Suites 412-380-9100  
Courtyard By Marriott 412-380-9100

## -For Information-

Phone: 724-733-4060

TOC@atajourney.com

[www.atajourney.com/tournament](http://www.atajourney.com/tournament)

## \*\*\*NOTICE\*\*\*

*The following times are estimates.*

*This schedule is subject to change depending on  
Judging assignments & number  
of competitors present.*

*Please allow plus or minus 1 hour after start time.*

## Saturday: March 21

7:00 am Doors open

7:45 am Black Belt Judges Meeting

*(All Judges & Black Belt Adult Competitors Must Attend)*

We will be staging the Adult Black Belts Divisions at this time

8:00 am 18 & Above 1st-3rd Black Belts

8:00 am 18 & Above 4th-5th Black Belts Staging

*(4th & 5th Degrees will be competing throughout the day)*

**10:00 am Opening Ceremonies and Demonstration**

11:00 am Adult Black Belt Creative & Extreme

11:00 am ATA Tigers Purple and Above

11:00 am Special Abilities

11:15 am 17 & Under Color Belt Creative & Extreme

11:30 am 8 & Under and 9-10 Black Belt Creative & Extreme

11:30 am ATA Tigers Yellow, Camo, and Green Belts

11:45 am 8 & Under White-Yellow Belts

12:00 pm ATA Tigers White & Orange Belts

12:15 pm 8 & Under Camo-Blue Belts

12:30 pm 8 & Under Brown-Black Rec Belts

12:30 pm 11-12 Black Belt Creative & Extreme

12:45 pm 8 & Under Black Belts

1:00 pm 9-10 White-Blue Belts

1:30 pm 9-10 Brown-Black Rec Belts

2:00 pm 9-10 Black Belts

2:15 pm 13-14 and 15-17 Black Belt Creative & Extreme

2:30 pm 11-12 White-Blue Belts

3:00 pm 11-12 Brown-Black Rec Belts

3:30 pm 11-12 Black Belts

3:45 pm 13-14 and 15-17 Color Belts

4:00 pm 13-14 Black Belts

5:00 pm 15-17 Black Belts

5:30 pm Adult Color Belt Creative & Extreme

5:45 pm Adult Color Belts

**All Recreational Divisions follow staging times above.**

## Sunday: March 22

7:00 am Doors Open

7:30 am Testers & Testing Judges Meeting

**8:00 am Regional Black Belt Rank & Mid-Term Testing**

## Athlete Development Training

10:00 am-11:30 am Combat Sparring 9-14 yrs

11:30 am-1:00 pm Sparring 9-14 yrs

1:30 pm-3:00 pm Combat Sparring 15+

3:00 pm-4:30 pm Sparring 15+

## Friday: March 20

5:00 pm Doors Open

5:30 pm Judges Meeting

6:00 pm Elite & Legends

Team Sparring & Combat Sparring

6:30 pm JV & Varsity

Team Sparring & Combat Sparring

7:00 pm Rookie & Bantam

Team Sparring & Combat Sparring