

Schedule Of Events

- Competition Fees-

- \$45 Taekwondo Forms &/or Sparring/One Steps
- \$35 Protech Weapons or Combat (as first event)
- \$20 Each Additional Event
(Weapons, Creative, Extreme or Combat)
- \$75 Each Team Event
- \$10 3rd Family Member Per Event
- **\$5.00 Spectator Fee (5 and Under free)**

Medals will be awarded in all Divisions.
Engraving on site.

All Competitors will receive a competition pin
& will be gifted a commemorative TOC pin.

All ATA Tigers will receive a medal based
on the best of 10 attributes.

ATA approved safety gear is mandatory for sparring.
Head gear, face shield, hand & foot pads, chest
protector, mouthpiece, and protective cup for males.

Ring Staging Text Alerts
Grand Master Caruso's
TOC 2023
Scan QR code and join!



Hotel Info:

Hampton Inn 412-380-4000
SpringHill Suites 412-380-9100
Courtyard By Marriott 412-380-9100
Holiday Inn Express 724-468-1050

-For Information-

Phone: 724-733-4060
TOC@atajourney.com
www.atajourney.com/tournament

NOTICE

*The following times are estimates.
This schedule is subject to change depending on
Judging assignments & number
of competitors present.
Please allow plus or minus 1 hour after start time.*

Saturday: March 18

7:00 am Doors open

Main Gym Senior High School

7:30 AM Black Belt Meeting
All Judges & Black Belt Competitors Must Attend

8:00 AM **Opening Ceremonies and Demonstration**

8:45 AM Adult Black Belts
(Will be staged during the BB Meeting)

11:00 AM 8 and under White-Blue Belts

11:45 AM 8 and under Brown- Black Belt Recommended

1:00 PM 9-10 year old White-Blue Belts

1:45 PM 9-10 year old Brown-Black Belt Recommended

3:00 PM 11-12 year old White-Blue Belts

3:45 PM 11-12 year old Brown-Black Belt Recommended

4:00 PM 13-14 year old Color Belts

4:30 PM 15-17 year old Color Belts

5:00 PM 18 and above Color Belts

Auxiliary Gym Senior High School

8:45 AM ATA Tiger Purple Belt and Above

9:00 AM ATA Tiger Camo and Green Belts

9:30 AM ATA Tiger Yellow Belts

10:00 AM ATA Tiger Orange Belts

10:30 AM ATA Tiger White Belts

11:15 AM Special Abilities

11:45 AM 8 and under Black Belts

12:00 PM 9-10 year old Black Belt Girls

12:45 PM 9-10 year old Black Belt Boys

2:45 PM 11-12 year old Black Belt Boys

4:30 PM 11-12 year old Black Belt Girls

Third Gym Middle School

9:00 AM 4th-5th degree 18-29 year old Men

9:15 AM 13-14 year old Black Belt Girls

11:00 AM 4th-5th degree 18-29 year old Women

11:15 AM 13-14 year old Black Belt Boys

1:00 PM 15-17 year old Black belt Boys

3:00 PM 15-17 year old Black Belt Girls

Recreational Divisions follow staging times above.

Friday: March 17

Team Sparring & Combat Sparring

5:00 pm-Doors Open Coaches & Judges Check in.

Round 1 5:30 pm-Premier, Executive, & Varsity

Round 2 6:45 pm-Legend, Bantam, & Rookie

Round 3 7:30 pm- Elite & JV

Sunday: March 19

8:00 am Doors Open

8:30 am Testers & Testing Judges Meeting

9:00 am Regional Black Belt Rank & Mid-Term Testing

Athlete Development Training

11:00 am-12:30am Combat Sparring Training

1:00 pm-2:30pm Traditional Sparring Training

Register At : atamartialarts.com